



The Center for Integrative Learning & Teaching Nashville  
*presents*

Parent Talk with Susan Kaiser Greenland

*Mindful Parent, Mindful Child: A simple approach to mindfulness and meditation for a multitasking, hyperconnected world*

Location: Valor Collegiate Academies 4527 Nolensville Pike, Nashville, TN

**7:00 P.M. to 8:30 P.M. ~ April 6, 2017**

Susan Kaiser Greenland's Inner Kids program is a process-oriented model through which children, parents, and professionals develop a way of being in the world that strengthens and supports how they relate to themselves, to other people, and to the planet.

Drawing from her new book *Mindful Games*, Susan will introduce her approach to helping caregivers guide the children they serve in building attention, balance and compassion in our hyperconnected and multitasking world.

Admission is FREE and open to the public but registration is required.



**Details and Registration**  
[www.cilttnashville.com](http://www.cilttnashville.com)

Includes **60** fun activities!

sharing mindfulness and meditation  
with children, teens, and families

~University School of Nashville~  
~Valor Collegiate Academies~  
~MNPS Social and Emotional  
Learning Department~

Special thanks to our sponsors!

We are excited about this Public/Charter/Private school partnership and would like to thank our sponsors for their support in bringing mindfulness and social emotional learning opportunities to educators, children, and families in Nashville!

**Join us for the 3 Day Professional Training with  
Susan Kaiser Greenland, April 7-9 at USN**

[WWW.CILTASHVILLE.COM](http://WWW.CILTASHVILLE.COM)